

AWESOME WALLS CLIMBING CENTRE

GCSE Rock Climbing Course

School -

Pupil -

Teacher -

Instructor -

		Skills/Manoeuvres	Pass	Fail
LEVEL 1-2	1	Tie Figure of eight		
	2	Attach rope to harness		
	3	Climb, showing three points of contact		
	4	Low Level traverse		
LEVEL 3-4	5	Demonstrate how to anchor the belayer		
	6	Belay a climber using a belay device		
	7	Assist climber with holds & route finding		
LEVEL 5-6 7-8	8	Demonstrate a foot jam		
	9	Demonstrate a hand jam		
	10	Ascend a mantle shelf		
	11	Perform a short layback		
LEVEL 9-10	12	Belay a climber during a fall		
	13	Tie a retied figure of eight		

COMMENT –